



Basildon and Thurrock Branch

Membership is open to all retirees who have worked at some time in any area of the NHS, Social Care, Contracted or Volunteers and their spouse/partner.

Our aim is to provide

Friendship and Fellowship to all NHS and
Social Care Retirees in our area.
Caring and Welfare to all our members.
A social and friendly atmosphere in all our
activities.

To give retired NHS and Social Care members the
opportunity to meet in fellowship with other
retired employees and ex colleagues.

Membership and Meetings

We meet on the last Thursday of the month between
2.00pm and 4.00 pm at:

Stifford Clays Social Club

Our monthly programme and speakers are organised by the Social Committee led by the Social Team Leader.

The May meeting is our AGM and Lunch.

The December meeting is our Christmas Lunch.

These special events are held at a local venue and a charge is made for each of them.

Membership of the Basildon and Thurrock Retirement Fellowship is £25.00 per year payable in April to the Membership Secretary / Registrar.

Fund Raising

At each of our meetings we have a Sale and Return table where members can bring items to sell and buy. This fund raising goes to support our members and the branch.

We also have a monthly raffle with the profits going to support our members and the branch.

Newsletter

We have a monthly newsletter which we call Just Ours. This is distributed to all our members keeping them up to date with what is going on in our Branch.

Members Welfare

Our branch is very lucky to have an active and capable Welfare Officer who keeps in touch with those of our members who become unwell, offering support wherever possible.

Social Events and Activities

Throughout the year we run several activities for our members to participate in keeping them active and in touch with friends and colleagues. At our August meeting we have a special social event, a time to chat and reminisce, all put on by our social committee.

Outings

Throughout each year outings organisers arrange trips to various destinations. The cost of these trips does vary depending on the itinerary.

Golf Group

All abilities are welcome for this monthly meeting. They usually meet on 1st Thursday at 9.15 teeing off at 9.30 at either, Dunton Hills Golf Club, Noak Hill Golf Club or Ingrebourne Links where the group play the par 3's.

Ten Pin Bowling

This group meet at 10.00 on the 2nd Wednesday of the month at the Festival Leisure Park in Basildon. The cost is £7.00 for 2 games and after, the group go for lunch at a local restaurant.

Luncheon Club

The luncheon club meet once a month and details of the next lunch are given at each meeting.